



# COMMUNITY GRANTS SCHEME



A project funded by the state government and administered by the Waste Authority

<b>Contract number:</b>	771
<b>Organisation:</b>	Hilton Harvest Community Garden (Buds n Blooms)
<b>Project Title:</b>	One with Waste
<b>Grant Amount:</b>	\$5,850 excl GST (group not registered)



## Project Evaluation Report

*This publication has been produced through a grant project funded by the State Government through the Waste Avoidance and Resource Recovery Account, and administered by the Waste Authority.*

*The views expressed are those of the authors and do not necessarily reflect the position or policy of the Waste Authority or Government of Western Australia, which may not be held responsible for the accuracy of information provided, nor is it liable for any and all outcomes from the use of this information*

## ORGANISATION & PROJECT DESCRIPTION

Hilton Harvest Community Garden was first established 10 years ago as a simple, little community garden. Since then it has grown exponentially, and is now home to three weekly programs, 20+ plot holders, seedling nursery, chickens, fruits trees, 150 garden members and over 1000 FB followers. The garden is a central hub for gardening and sustainability in the local community and is loved by many.

The Buds n Blooms program is an intergenerational gardening program that is in its 5<sup>th</sup> year of operation. It attracts young and old into the garden to get dirt under their fingernails whilst socialising and enjoying the natural surroundings. The program meets weekly in the garden from March to the end of November.

One With Waste was a program that complemented the weekly Buds n Blooms Program at Hilton Harvest Community Garden.

On the last Wednesday of each month (March-November) Buds n Blooms ran a workshop focusing on Waste.

The objective of the One With Waste workshops was to enable the attendees to reduce their impact on the earth by reducing the amount of waste they produce, and to recycle, reuse and repurpose any waste that they do produce. Each workshop had a different focus, giving examples of and suggesting behaviour changes for the attendees to enact to decrease the amount of waste they and their families produced and to ensure they were dealing with their waste in the most efficient and effective way.

The workshop program was as follows:

April 3<sup>rd</sup> – Living without Waste

April 24<sup>th</sup> – Plastic free in the Kitchen

May 29<sup>th</sup> – Composting

June 26<sup>th</sup> – REMIDA Play Experience

July 31<sup>st</sup> – Boomerang Bunting

August 28<sup>th</sup> – Wormfarms

September – Recycling & Reducing Waste

October 30<sup>th</sup> – Eco Faeries

November 27<sup>th</sup> – Zero Waste for the family

Each workshop presenter offered their stories and simple ideas for the attendees to take home. Furthermore, give aways associated with each workshop enabled some attendees to start their waste reduction journey immediately, and those who didn't get to take home a prize, were provided information on where they could purchase their own version.

The strong community bonds associated with Buds n Blooms were intended to provide further support for this program. The conversations on waste, and information presented at the One With Waste workshops carried on weekly. There was a lot of encouragement within the group to imbed the examples for reducing, reusing, recycling waste in their daily lives.



## EVALUATION / RESULTS - DATA

The main project data that was collected for the OWW workshops series was the number of attendees.

On average there was 21 adults and 30 children, with the Eco Faeries having the largest attendance with 31 adults and 43 children.

Basic information on each workshop was collected, most often verbally, which was the most effective given the barriers many of the attendees experienced with filling out evaluation forms whilst looking after the little ones.

The main data collected was qualitative data on how the attendees found the workshop and the likelihood they were able/willing to undertake the waste behaviour change that was presented.

The data on number of attendees was recorded to document the reach of the program and was collected each workshop week through observational counting.

The data was collected at morning tea time each week. Given that the Buds n Blooms sessions are casual, there may be some variations in the reach not reflected in the data collected.

### Number of Attendees:

April – 21 adults, 29 children

April – 18 adults, 23 children

May - 20 adults, 31 children

June – 25 adults, 35 children

July – 21 adults, 34 children

August – 23 adults, 32 children

September – 17 adults, 25 children

October – 31 adults, 43 children

November – 29 adults, 39 children

The qualitative data that was collected was addressing the likelihood that the attendees were able/willing to undertake the waste behaviour change related to the workshop presented. There was a minimum of 5 attendees interviewed each week.

<b>Workshops</b>	<b>Very likely</b>	<b>Likely</b>	<b>Unsure</b>	<b>Unlikely</b>	<b>Very Unlikely</b>
Living without waste		3	1	2	
Plastic Free		1	1	4	1
Composting	4	1		1	
Remida (recycled play)		2	1	2	
Boomerang Bunting (balloon free)	5				
Wormfarming	4	1			
Recycling (Redcycle)	2	3		1	
Eco Faeries (recycling, not litter)	6				
Zero Waste Families	3	1		2	

*Was your project successful in the way you expected?*

*Did you achieve what you set out to do? (did you reuse/reduce/recycle as much as you had planned to?) If not, what happened?*

YES

NO

Although the ongoing behaviour change of the attendees is difficult to ascertain, the enthusiasm and positive approach indicates that many of those taking part in the workshops have taken on the low/zero waste challenge.

I had many stories from attendees being empowered to establish a compost system, start to buy in bulk and refuse to use straws or balloons. My favourite example was from the worm farm session, when one attendee would tell me weekly about the joy her worm farm was bringing to herself and young son after they won the worm farm prize at the One With Waste workshop.



*Do you feel your project made a positive difference in your community and why?*

YES

NO

The impact of the waste reduction of 45 families may be small in relation to what is generated in Perth, or Australia. However the positive impact on these individuals and those they share their stories with cannot be underestimated.

I believe there will be flow on effect from these One With Waste workshops, and have no doubt that the attendees that have taken on one or many of these behaviour change examples have and will benefit from living a life of integrity, by showing care and respect for their homes, their lives and the planet.

*How many people in total do you think your project has reached/affected?*

45+ Adults and 50+ children

Many of the families attending the program were the same each week, and many of the children were possibly too young to get a good grasp on the information delivered.

## LESSONS LEARNT

*What lessons were learned through the project – what worked and didn't work?*

*What, if anything, would you do differently if you were to do the project again?*

I found that the attendees were very receptive to the OWW Workshop Series and seemed to be quite excited when the workshops were on. Due to the fact that the OWW Workshop Series was run within the Buds n Blooms weekly program, many of the attendees were not aware the Workshop was on, until they arrived, which highlighted the need to advertise the program more through both written and social media.

Engaging the presenters was very successful, and the presenters were very willing to ensure their talk/presentation/performance appealed to young and old alike. They were also very willing to stay for morning tea and answer individual questions.

Evaluating each workshop proved more difficult than I anticipated, as the attendees were not very willing to fill out written evaluations, mainly due to their need/responsibility to care for their children.

Instead I conducted informal interviews with some attendees to get an indication of how they felt about the Workshop and the likelihood that they were willing/able to take on the Waste behaviour change presented at each workshop.

I did find it conduct a large amount of interviews, so aimed for 5 attendees for each session. In hindsight, I think that an emailed evaluation to each of the attendees after each evaluation, would have allowed for more data to be collected.

*Did you encounter any problems/challenges in carrying out the project?  
If so, what were they?*

The main challenges that I encountered throughout the OWW Workshop series was weather and the general mood of the children in attendance.

Hilton Harvest Community Garden is very much exposed to the elements, so weather can be a major factor into how many people attend each week. In general the weather was favourable, however, there were a few weeks within the OWW Workshop Series where the weather seemed to deter people from attending or mean that the attendees were disengaged from the workshop.

The mood/behaviour of the children in attendance tended to impact the engagement of the group. It is difficult to quantify what impact it actually had at each workshop, but there were definitely numerous occasions where the attendees were quite obviously distracted by the children in attendance, which may/or may not have effected how engaged the adults in attendance were?

*What advice would you give to other groups considering undertaking similar projects?*

One challenge with delivering the One With Waste workshops within an intergenerational gardening program was catering for many different age groups. We came to realise, that it was beneficial to ensure there was content and activities designed for the children, alternative activities offered by the assistant when the facilitator was presenting information and that the facilitators were available to answer one-on-one questions over morning tea. This provided the attendees with the greatest number of opportunities to access the information and expertise at each workshop.

I think emailed information would be another great addition to the program to further support the attendees to make positive waste changes to their lives.



## ACKNOWLEDGEMENT / PROMOTION

Does your organisation (or project) have a website or Facebook page?  
(please provide the link(s) to your organisation's site and/or the project page)

[www.facebook.com/hiltonharvest/](http://www.facebook.com/hiltonharvest/)  
<https://hiltonharvest.weebly.com/>

How did you acknowledge the Community Grants Scheme funding you received?

The Waste Authority and CGS were acknowledged in the posters, FB event promo and post event posts.

Did you purchase any capital equipment with your grant money? (this includes things like sheds and large pieces of equipment)

No

Were there any promotional / media opportunities for the project? (newspaper articles, photos) If yes, please ensure you attach copies or include screen prints

YES

NO

Did you produce any promotional material for the project? (flyers, brochures even screen prints of online promotion – Facebook posts etc) If yes, please ensure you attach copies or include screen prints

YES

NO

## VARIATIONS & EXTENSIONS

Were you able to complete your project in the approved timeframe?

YES

NO

## FUTURE PROJECTS

*Did any opportunities or ideas arise during the project?*

YES

NO

*Do you now have ideas for other future projects?*

Not at this stage

## PROJECT PHOTOS

*Please attach project photos, screen prints of promotional materials and their brief descriptions here.*



The poster is for a workshop titled "Worm Farms" presented by "Buds n Blooms: Intergenerational Garden Play". It is part of the "ONE WITH WASTE Workshop Series". The event is on Wednesday 28th August from 9:30-11:30am at Hilton Harvest Community Garden, Rennie Crescent South, and costs \$5 per person. The poster features a photograph of garden tools and plants, and logos for the Government of Western Australia and the Waste Authority.

Buds n Blooms  
INTERGENERATIONAL GARDEN PLAY

presents ...

ONE  
WITH  
WASTE  
Workshop Series

WORM  
FARMS

- with Angela Rossen -

Wednesday 28st August - 9:30-11:30am  
Hilton Harvest Community Garden  
Rennie Crescent South  
- \$5/person -

GOVERNMENT OF  
WESTERN AUSTRALIA

WASTE  
AUTHORITY  
WA...TOO GOOD TO WASTE

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Buds n Blooms *presents . . .*  
 INTERGENERATIONAL GARDEN PLAY

# One With Waste

## Workshop Series

- April 3rd - SERIES LAUNCH Living without waste
- April 24th - Plastic free in the kitchen
- May 29th - Composting
- June 26th - REMIDA Play experience
- July 31st - Boomerang Bunting
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### Guest Presenters & Give Aways

Last wednesday of the month  
 9:30am - 11:30am

Hilton Harvest Community Garden  
 Rennie Crescent South

\$5 p/p (group/membership discounts)

Find out more at [hiltonharvest.weebly.com](http://hiltonharvest.weebly.com)



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NOV  
27 ONE WITH WASTE - Living Waste Free &  
FINAL BNB FOR 2019

Public · Hosted by Hilton Harvest Community Garden

★ Interested ✓ Going



🕒 Wednesday, 27 November 2019 from 09:30-11:30  
about 1 month ago

📍 Hilton Harvest Community Garden

### Details

The join us at Buds n Blooms for our Final ONE WITH WASTE workshop. We will be joined by Nabilla who will teach us all about living a low waste life. Thanks to the Waste Authority for supporting this One With Waste. We will also be making garden pizza to celebrate Buds n Blooms for 2019, so bring some extra \$\$ for pizza.

Buds n Blooms is an intergenerational garden and nature play group that meets weekly in the Hilton Harvest Community Garden (Rennie Crescent South). This is a community group for everyone!!

Weekly activities are centred around gardening, and include creativity, connecting to nature, and learning sustainable living practices.

Bring morning tea to share - tea and coffee provided - \$5 per person!

Sign up to BnB 2019 here!!

<https://goo.gl/forms/4fvzXSr2Bk8vYhq2>









